



Kindergarten Readiness Skills

Self Help Skills

- Can use the bathroom independently and complete accompanying hygiene tasks
- Able to dress self (puts on coat, fastens snaps, buttons and zippers)
- States full name and age

Social/Emotional Skills

- Separates from caregivers without excessive upset
- Plays/shares with other children
- Waits his turn
- Attends to an adult-directed task for at least 5 minutes
- Recognizes and responds to other people's feelings
- Uses "please" and "thank you"

Language Skills (Expressive and Receptive)

- Expresses needs and wants verbally
- Speaks in complete sentences (5 to 6 words)
- Is generally understood by adults
- Uses words, not physical action, to express emotions such as anger or disappointment
- Understands and follows two-step directions
- Understands positional vocabulary (i.e. on top of, below, next to)

Fine Motor Skills

- Holds pencil/crayon in a non-fisted grip
- Able to control scissors to complete an intentional task
- Traces lines and basic shapes
- Copies basic figures such as a circle, square and a straight line

Gross Motor Skills

- Runs and skips
- Jumps with feet together and hops while balancing on one foot.
- Climbs stairs with alternating feet
- Walks backwards
- Bounces a kickball
- Attempts a two-handed catch of a kickball

Math Skills

- Counts from 1 to 10
- Recognizes/points to/identifies basic shapes (square, circle, triangle, rectangle)
- Beginning to count with one-to-one correspondence
- Can sort items by one or more attributes
- Identifies, either verbally or by pointing to, the colors of crayons in the 8-count box (black, blue, brown, green, orange, red, purple, yellow)

Literacy/Phonemic Awareness Skills

- Enjoys being read to/listening to stories
- Recognizes environmental print (familiar logos, signs and words)
- Knows how to handle a book (i.e. holds book right side up, knows where it starts and ends)
- Recites the alphabet
- Identifies some letters and some of the sounds they make, either by sound to letter or letter to sound
- Recognizes own name in print
- Able to discern whether or not two words rhyme, may be able to provide a third rhyme for the words
- Tries to write own name or other ideas by using symbols or letters
- Can draw a picture to express an idea

